



EVIDAS 2017

European Vitamin D Association

3rd International Conference Vitamin D – Minimum, Maximum, Optimum

September 22-23, Warsaw, Poland

PROGRAM

Friday, 22nd September 2017

- 08:00-08:10** **Welcome address and organizational issues**
Assoc. Prof. Paweł Płudowski, President of the Organizing Committee and Scientific Committee
- 08:10-11:10** **1st Session. Vitamin D - an interdisciplinary approach - from neonatologist to geriatrician**
Chairs: Prof. Maria Katarzyna Borszewska-Kornacka (Warsaw, Poland), Prof. Ewa Marcinowska -Suchowierska (Warsaw, Poland)
- 08:10-08:30** **Vitamin D from the perspective of a neonatologist**
Prof. Maria Katarzyna Borszewska-Kornacka (Warsaw, Poland)
- 08:30-08:50** **Vitamin D from the perspective of a pediatrician**
Dr. Justyna Czech-Kowalska (Warsaw, Poland)
- 08:50-09:10** **Challenging problems of vitamin D during puberty and adolescence**
Assoc. Prof. Jerzy Konstantynowicz (Białystok, Poland)
- 09:10-09:30** **Vitamin D in chronic pediatric diseases**
Assoc. Prof. Agnieszka Szlagatys-Sidorkiewicz (Gdańsk, Poland)
- 09:30-09:50** **Vitamin D supplementation of professionally active adults**
Dr. Samantha Kimball (Calgary, Canada)
- 09:50-10:10** **Vitamin D in adults with malnutrition**
Dr. Anna Zmarzły (Wrocław, Poland)
- 10:10-10:30** **Vitamin D and ageing**
Prof. Ewa Marcinowska-Suchowierska (Warsaw, Poland)
- 10:30-10:50** **Vitamin D in the older olds**
Prof. Vidmantas Alekna (Vilnius, Lithuania)
- 10:50-11:10** **Discussion**
- 11:10-11:40** **Coffee break**
- 11:40-12:20** **Special lecture: Sunlight for Health: Can You Have Your Cake and Eat It Too?**
Prof. Michael F. Holick (Boston, USA)
- 12:20-14:00** **Lunch, Poster session**
- 12:30-14:00** **Satellite Symposium of EVIDAS Ukrainian Division**
Co-Chairs: President of the Ukrainian Division of EVIDAS, Prof. Vladyslav V. Povoroznyuk, President of EVIDAS, Assoc. Prof. Paweł Płudowski



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1. Vitamin D Deficiency and Insufficiency in Ukraine: Results of A Study Performed During 2015-2017. The Ukrainian EVIDAS Division Activities

Prof. Vladyslav V. Povoroznyuk (Kyiv, Ukraine)

2. An Overview of the Vitamin D Levels in Ukrainian Children

Prof. Ludmila V. Kvashnina, Dr Irina N. Matviyenko (Kyiv, Ukraine)

3. Vitamin D Deficiency and its Role in the Development of Metabolic Disorders

Prof. Julia Komisarenko (Kyiv, Ukraine)

4. The role of Vitamin D in correction of Sarcopenia.

Dr. Nataliia Dzerovych (Kyiv, Ukraine)

5. Molecular and Cellular Mechanisms of Vitamin D 3 Protection against Experimental Prednisolone-Induced Osteoporosis

Dr. Ihor Shymanskyi, Dr Olga Lisakovska, Dr Mykola Veliky (Ukraine)

6. Vitamin D deficiency and its association with hypothyroidism

Prof. Volodymyr Pankiv (Kyiv, Ukraine)

7. Efficacy of Different Vitamin D forms in Treatment of Rickets- like Diseases

Dr. Stepan Martsyniak (Kyiv, Ukraine)

8. Correction of Vitamin D Deficiency in Patients with Musculoskeletal Diseases

Dr. Nataliya Balatska (Kyiv, Ukraine)

14:00-16:00 2nd Session. ODIN Project: Food-based Solutions for Optimal Vitamin D Nutrition and Health through the Life Cycle - main observations and practical implications from ODIN Project

Chairs: Prof. Kevin D. Cashman (Cork, Ireland), Prof. Mairead Kiely (Cork, Ireland)

14:00-14:30 The ODIN project approach to dietary requirements for vitamin D - what have we learned?

Prof. Kevin D. Cashman (Cork, Ireland)

14:30-15:00 Proof of efficacy that food-first approaches can prevent vitamin D deficiency throughout life

Prof. Mairead Kiely (Cork, Ireland)

15:00-15:20 New data on vitamin D and non-skeletal health in older adults

Prof. Stefan Pilz (Graz, Austria)



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15:20-15:40 A need of new evidence and research directions in the Central European region

Dr. Maria Glibetic (Belgrade, Serbia)

15:40-16:00 Discussion

16:00-16:20 Coffee break

16:20-18:00 3rd Session. Vitamin D and intensive care

Chairs: Dr. J. Dayre McNally (Ottawa, Canada), Dr. Sadeq Quraishi (Boston, USA), Dr. Marek Migdał (Warsaw, Poland)

16:20-16:50 The role of vitamin D in patients of pediatric intensive care unit

Dr. J. Dayre McNally (Ottawa, Canada)

16:50-17:20 The role of vitamin D in critically ill patients of adult intensive care unit

Dr. Sadeq Quraishi (Boston, USA)

17:20-17:50 Vitamin D on PICU/ICU: the European approach - VITDALIZE

Dr. Karin Amrein (Graz, Austria)

17:50-18:00 Discussion

18:00-19:30 4th Session. Vitamin D and sports medicine

Chairs: Prof. Małgorzata Słowińska-Lisowska (Wrocław, Poland), Dr. Jarosław Krzywański (Warsaw, Poland)

18:00-18:20 Vitamin D, exercise capacity and athletics performance

Prof. Małgorzata Słowińska-Lisowska (Wrocław, Poland)

18:20-18:40 Vitamin D deficiency as a factor limiting adaptation to rehabilitation and recreational exercise

Prof. Jędrzej Antosiewicz (Gdańsk, Poland)

18:40-19:00 The importance of vitamin D in the clinical rehabilitation

Prof. Krystyna Książopolska-Orłowska (Warsaw, Poland), Dr Anna Pacholec (Warsaw, Poland)

19:00-19:20 Vitamin D and elite athletes in the experience of sports medicine specialist

Dr Jarosław Krzywański (Warsaw, Poland)

19:20-19:30 Discussion

Saturday, 23rd September 2017

09:00-10:50 5th Session. The pleiotropic multipotential effects of vitamin D, or the marketing policy of the industry? PART 1

Chairs: Prof. Michael F. Holick (Boston, USA), Prof. Roman S. Lorenc (Warsaw, Poland)



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- 09:00-09:20** **Genome-wide effects of vitamin D and the concept of the vitamin D response index**
Prof. Carsten Carlberg (Kuopio, Finland)
- 09:20-09:40** **Autoimmunity and vitamin D - to D or not to D**
Prof. Yehuda Shoenfeld (Tel Aviv, Israel)
- 09:40-10:00** **Is vitamin D beneficial for reproductive health and fertility?**
Dr. Waldemar Misiorowski (Warsaw, Poland)
- 10:00-10:20** **The role of vitamin D in the treatment of chronic kidney disease according to the current KDIGO guidelines (2017 update)**
Prof. Jolanta Małyszko (Białystok, Poland)
- 10:20-10:40** **Vitamin D in heart failure and cardiovascular diseases**
Prof. Piotr Rozentryt (Zabrze, Poland)
- 10:40-10:50** **Discussion**
- 10:50-11:20** **Coffee break**
- 11:20-12:00** **Satellite session. Vitamin K2-MK7: a real preventive and therapeutic effect or a smart marketing - current state of knowledge**
Prof. Ewa Sewerynek (Łódź, Poland), Prof. Roman S. Lorenc (Warsaw, Poland), Dr. Michał Stuss (Łódź, Poland)
- 12:00-13:40** **Lunch, Poster session**
- 12:20-13:30** **LEKAM Satellite Session. Vitamin D3 - status quo or new perspectives?**
- 12:20-12:45** **Randomized clinical trial to compare efficacy of daily, weekly and monthly administration of vitamin D3.**
Dr István Takács (Budapest, Hungary)
- 12:45-13:05** **Standards for the prevention and treatment of vitamin D3 deficiency**
Dr. Waldemar Misiorowski (Warsaw, Poland)
- 13:05-13:25** **How to improve adherence to treatment recommendations for patients treated for chronic diseases? Practical solutions for noncompliance problem**
Prof. Przemysław Kardas (Łódź, Poland)
- 13:25-13:30** **Movie - a presentation of a new vitamin D3 drug available in Polish market**
- 13:40-14:50** **6th Session. Vitamin D - the risk of a prolonged use, toxicity, drug interactions and overdose treatment**
Chairs: Prof. Glenville Jones (Kingston, Canada), Prof. Ewa Marcinowska-Suchowierska (Warsaw, Poland)
- 13:40-14:00** **When prolonged vitamin D intake confers a risk for health?**



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Prof. Glenville Jones (Kingston, Canada)

14:00-14:20 Drug interactions of vitamin D

Prof. Jacek Łukaszkiwicz (Warsaw, Poland)

14:20-14:40 Vitamin D toxicity: practical issues, diagnosing and management of vitamin D excess in everyday practice. How to cope and how to treat?

Prof. Ewa Marcinowska-Suchowierska (Warsaw, Poland)

14:40-14:50 Discussion

14:50-15:10 Coffee break

15:10-17:00 7th Session. The pleiotropic multipotential effects of vitamin D, or the marketing policy of the industry? PART 2

Chairs: Prof. Jolanta Małyżko (Białystok, Poland), Prof. Sunil J. Wimalawansa (New Brunswick, USA)

15:10-15:30 Vitamin D and metabolic syndrome

Assoc. Prof. Tatiana Karonova (Saint Petersburg, Russian Federation)

15:30-15:50 The role of vitamin D in musculoskeletal health

Prof. Harjit Pal Bhattoa (Debrecen, Hungary)

15:50-16:10 Vitamin D in rheumatologic diseases - mapping current evidence

Prof. Armen Y. Gasparyan (Birmingham, UK)

16:10-16:30 Vitamin D adequacy and improvements of comorbidities in persons with intellectual and developmental disabilities

Prof. Sunil J. Wimalawansa (New Brunswick, USA)

16:30-16:50 How to design, conduct, and analyze results from randomized controlled studies. How to interpret data on vitamin D efficacy in various health outcomes

Dr. William B. Grant (San Francisco, USA)

16:50-17:00 Discussion

17:00-17:20 Coffee break

17:20-18:50 8th Session. A brief overview of original studies (9 best abstracts submitted)

Chairs: Assoc. Prof. Paweł Płudowski (Warsaw, Poland), Assoc. Prof. Jerzy Konstantynowicz (Białystok, Poland)

17:20-17:30 Lack of vitamin D in adolescents

(Prof. Zakharova I. N, Dr. Klimov L. V, Dr. Kuryanova A, Dr. Sugyan N. G. Moscow, Russian Federation)

17:30-17:40 Vitamin D in Systemic Vasculitides

(Assoc. Prof. Olena Zimba, Lviv, Ukraine)

17:40-17:50 New evidence for the vitamin D role on the arterial calcifications

(Prof. Sekib Sokolovic, Sarajevo, Bosnia&Herzegovina)



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- 17:50-18:00** Physiological serum 25-hydroxyvitamin D concentrations are associated with improved thyroid function – Observations from a community-based program
(Dr. Naghmeh Mirhosseini, Calgary, Canada)
- 18:00-18:10** The impact of vitamin D on bone quality
(Prof. Mario Mascarenhas, Lisbon, Portugal)
- 18:10-18:20** Oligofructose-enriched inulin administration increases plasma 25-hydroxyvitamin D concentration in children with celiac disease on gluten free diet
(Dr. Natalia Drabińska, Olsztyn, Poland)
- 18:20-18:30** Association of Vitamin D receptor gene variation with osteoporosis risk in belarussian and lithuanian woman
(Dr. Pavel Marozik, Minsk, Belarus)
- 18:30-18:40** Combinations of 19-nor vitamin D₂ derivatives and the plant polyphenol carnosic acid with potent synergistic antileukemic activities
(Dr. Matan Nachlieli, Beer Sheva, Israel)
- 18:40-18:50** Associations of vitamin D levels with atherosclerosis of the coronary arteries, and cardiovascular events, including myocardial infarction
(Dr. Ewelina Dziedzic, Warsaw, Poland)
- 18:50-19:05** Discussion, close and final remarks