07:00-19:10  On-site registration

08:00-10:15  Session 1 - EPIDEMIOLOGY of VITAMIN D DEFICIENCY
   Session Chairs: Assoc. Prof. Małgorzata Syczewska, Assoc. Prof. Paweł Pludowski

08:00-08:10  Welcome and logistics
   Assoc. Prof. Paweł Pludowski, Head of the Organizing Committee

08:10-08:20  Official Opening
   Assoc. Prof. Małgorzata Syczewska, CEO of The Children's Memorial Health Institute

08:20-10:00  Vitamin D status in Central Europe
   Assoc. Prof. Harjit Pal Bhattoa (Hungary),
   Prof. Christel Lamberg-Allardt (Finland)
   Prof. Vladyslav Povoroznyuk (Ukraine),
   Prof. Ema Rudenka (Belarus),
   Prof. Irina Zakharova/Prof. Olga Lesnyak (Russian Federation),
   Prof. Barbara Obermayer-Pietsch (Austria),
   Prof. Sekib Sokolovic (Bosnia & Herzegovina),
   Assoc. Prof. Paweł Pludowski (Poland),

10:00-10:15  Discussion

10:15-10:45  Coffee Break

10:45-12:50  Session 2 - VITAMIN D METABOLISM
   Session Chairs: Prof. Roman S. Lorenc, Prof. Ewa Marcinowska-Suchowierska

10:45-11:10  Historical and Up-to-Date Perspectives on the Health Consequences of Vitamin D Deficiency
   Prof. Michael F. Holick (USA)

11:10-11:35  Skin synthesis of vitamin D - pros and cons
   Prof. Jacek Łukaszkiewicz (Poland)
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>11:35-12:00</td>
<td>Fortification versus supplementation for prevention of vitamin D deficiency - where are we now with the risk-benefit scenario? <em>Prof. Mairead Kiely (Ireland)</em></td>
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<td>12:15-12:35</td>
<td>Evidence-based recommendations for vitamin D - Proven facts and myths about vitamin D <em>Prof. Glenville Jones (Canada)</em></td>
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<td>12:35-12:50</td>
<td>Discussion</td>
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<td>12:50-14:30</td>
<td>Lunch, Poster Session</td>
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<td>12:50-13:40</td>
<td>Press conference of EVIDAS</td>
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<td>13:45-14:25</td>
<td>Satellite session of UNIPHARM Company - the Diamond Sponsor of the Conference &quot;The benefits of vitamin D supplementation in recent clinical trials&quot; <em>Session Chair: Prof. Bolesław Samoliński</em></td>
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<tr>
<td>14:30-17:10</td>
<td>Session 3 - VITAMIN D SUPPLEMENTATION GUIDELINES                                                   <em>Session Chairs: Prof. Thomas Thacher, Assoc. Prof. Jerzy Konstantynowicz</em></td>
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<td>14:30-14:50</td>
<td>Nutritional Rickets - global guidelines for prevention and treatment <em>Prof. Thomas D. Thacher (USA)</em></td>
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<td>14:50-15:10</td>
<td>North America - IOM and The Endocrine Society guidelines <em>Prof. Michael F. Holick (USA)</em></td>
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<td>15:10-15:30</td>
<td>Western Europe                                                                                     <em>Prof. Paul Lips (Netherlands)</em></td>
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<td>15:30-15:45</td>
<td>Central Europe                                                                                     <em>Assoc. Prof. Paweł Pludowski (Poland)</em></td>
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<td>15:45-16:00</td>
<td>Northern Europe                                                                                    <em>prof. Christel Lamberg-Allardt (Finlandia)</em></td>
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<tr>
<td>16:00-16:20</td>
<td>Russian Federation                                                                                  <em>Prof. Olga Lesnyak (Russian Federation)</em></td>
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Australia and New Zealand
Assoc. Prof. Jerzy Konstantynowicz (Poland)

Vitamin D for patients with neurodevelopmental disorders and intellectual disabilities
Dr. William B. Grant (USA)

Discussion

Coffee Break

Session 4 - VITAMIN D - A RAPID OVERVIEW of ORIGINAL STUDIES
(BEST ABSTRACTS SUBMITTED)
Session Chairs: Prof. Roman S. Lorenc, Prof. Ewa Marcinowska-Suchowierska, Prof. Michael Holick, Prof. Glenville Jones

Vitamin D status in north-west Russian region
Tatiana Karonova (Russian Federation)

The ways of vitamin D deficiency correction in Ukraine
Nataliya Balatska (Ukraine)

A possible implication of vitamin D3 deficiency in placental oxidative stress phenomena and progesterone synthesis leading to preeclampsia
Narcyz Knap (Poland)

High-dose vitamin D3 supplementation as a novel strategy in clinical management of wintertime preeclampsia
Piotr Zabul (Poland)

Monitored vitamin D supplementation in prematurely born infants-observational study
Alicja Kołodziejczyk (Poland)

Association of Bsm I polymorphism of VDR gene with vitamin D status in children with vitamin D-deficient rickets
Nadia Tokarchuk (Ukraine)

Vitamin D levels may influence microarchitecture of bone tissue in men
Mario Rui Mascarenhas (Portugal)

Ameliorative effect of vitamin D3 against liver disorders and impaired bone
remodeling associated with experimental type 1 diabetes
Ihor Shymanskyy (Ukraine)

**18:26-18:32** Vitamin D status and inflammation in COPD patients: preliminary findings from a seasonal observation study
Emma Carson (United Kingdom)

**18:33-18:39** Effect of a primary prevention program incorporating vitamin and mineral supplementation on glycemic status: an observational study
Richard Lewanczuk (Canada)

**18:40-18:46** Vitamin D supplementation - positive effects on lipid profile in patients with hypertension
Lidmila Yankouskaya (Belarus)

**18:47-18:53** The Effects of a Preventive Health Program and Vitamin D Status on Metabolic Syndrome
Paul J. Veugelers (Canada)

**18:54-19:00** Serum Vitamin D Status, a Threat neither for Hypercalcemia nor for Inflammation
Naghmeh Mirhosseini (Canada)

**19:00-19:07** Synthesis of novel vitamin D analogs and their biological evaluation
Sharmin Nadkarni (Poland)

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**SATURDAY, OCT 17, 2015**

**09:00-10:30** **Session 5 - VITAMIN D from A DERMATOLOGIST’S PERSPECTIVE**

*Session Chairs: Assoc. Prof. Michal A. Zmijewski*

**09:00-09:20** The role of the VDR gene polymorphisms in the development of basal cell carcinomas
Assoc. Prof. Aleksandra Lesiak (Poland)

**09:20-09:40** Cutaneous melanoma and vitamin D
Dr. Anna Brozyna (Poland)

**09:40-10:00** The potential use of vitamin D derivatives in the treatment of skin diseases
The significance of vitamin D in dermatologists' practice
Dr. Jaroslaw Bogaczewicz (Poland)

Discussion

Coffee Break

Session 6 - ASSAY METHODOLOGY for VITAMIN D METABOLITES
Session Chairs: Prof. Glenville Jones, Prof. Grazyna Odrowaz-Sypniewska

Biomarkers of vitamin D metabolism - the state of the knowledge
Prof. Glenville Jones (Canada)

Standardization of vitamin D assays
Dr. Christopher T. Sempos (USA)

Assays for vitamin D metabolites - performance in the real world
Dr. Graham D. Carter (United Kingdom)

Comparison of two different 25(OH)D immunoassays - Is age a confounder?
Prof. Grazyna Odrowaz-Sypniewska (Poland)

Discussion

Lunch, Poster Session

Satellite Session EVIDAS

Session 7 - PLEIOTROPIC ACTION of VITAMIN D - CONTROVERSIES
Session Chairs: Prof. Michael F. Holick, Prof. Bruce W. Hollis, Prof. Edward Czerwinski

Pleiotropic action of vitamin D in light of recent meta-analyzes
Prof. Idris Guessous (Switzerland)

Vitamin D and male fertility
Prof. Barbara Obermayer-Pietsch (Austria)

Vitamin D in PCOS and female fertility
Prof. Romuald Debski (Poland)

Vitamin D during pregnancy and lactation
Prof. Bruce W. Hollis (USA)
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<tr>
<th>Time</th>
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<tr>
<td>15:45-16:05</td>
<td>The role of vitamin D for the muscle-bone system</td>
<td>Prof. Edward Czerwinski (Poland)</td>
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<td>16:05-16:20</td>
<td>Discussion</td>
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<td>16:20-16:40</td>
<td>Coffee Break</td>
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<tr>
<td>16:40-18:40</td>
<td>Session 7 - PLEIOTROPIC ACTION of VITAMIN D - CONTROVERSIES - continuation</td>
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<tr>
<td>16:40-17:00</td>
<td>Vitamin D and its analogs in prevention and treatment of cancer</td>
<td>Prof. Andrzej Kutner (Poland)</td>
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<td>17:00-17:20</td>
<td>Vitamin D in endocrine disorders</td>
<td>Dr. Waldemar Misiorowski (Poland)</td>
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<td>17:20-17:40</td>
<td>Should diabetes care include vitamin D supplementation?</td>
<td>Prof. Leszek Czupryniak (Poland)</td>
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<td>17:40-18:00</td>
<td>Vitamin D and CVD</td>
<td>Prof. Sekib Sokolovic (Bosnia&amp;Herzegovina)</td>
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<td>18:00-18:20</td>
<td>Vitamin D, Alzheimer disease and dementia</td>
<td>Prof. David Llewellyn (United Kingdom)</td>
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<td>Dr. Ela Kuzma (United Kingdom)</td>
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<tr>
<td>18:20-18:40</td>
<td>Vitamin D in geriatrics</td>
<td>Prof. Ewa Marcinowska-Suchowierska (Poland)</td>
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<tr>
<td>18:40-19:10</td>
<td>Discussion, Conclusions and Closing remarks</td>
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